

EAR PIERCING AFTER CARE

Healing Tips

You just had your ears pierced. Now what? Use these tips to help you through the healing period.

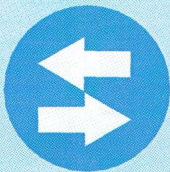
EARLOBE PIERCING: Leave the piercing earrings in for 6 weeks.

CARTILAGE PIERCING: Leave the piercing earrings in for 12 weeks.



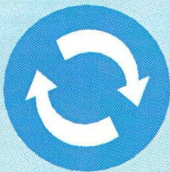
CLEAN HANDS

Always be sure to wash your hands thoroughly before touching your ears or earrings.



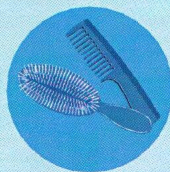
CLEANING TIP

Gently slide your earring back & forth while cleaning to help the antiseptic reach inside your piercing.



TURN TURN TURN

Gently rotate your piercing earrings at least 3X's a day, ideally after you have applied your Inverness Ear Care Antiseptic.



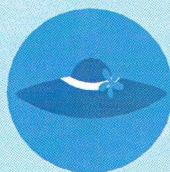
BRUSH CAREFULLY

Be extra careful not to catch your piercing earring when brushing your hair.



PROTECT

Avoid irritating your piercing with products such as hair spray, shampoo, soap, perfume or cosmetics. After using any of these, clean your piercing with your Inverness Ear Care Antiseptic.



WARM WEATHER TIP

Protect your piercing from the sun by wearing a wide-brimmed hat. Avoid getting sunscreen in your piercing. If you do, rinse with clean water & reapply your Inverness Ear Care Antiseptic.



SPORTS TIP

Athletes: before you get pierced, ask if you are permitted to protect a new piercing with a band aid or sports tape during games & practice. If not, plan to have your ears pierced in the off-season.

REMEMBER



PAIN, REDNESS AND SWELLING ARE NOT A NORMAL RESULT OF EAR PIERCING AND CAN LEAD TO INFECTION. SHOULD PAIN, REDNESS OR SWELLING APPEAR ANY TIME 24 HOURS AFTER THE PIERCING, REMOVE THE EARRING AND SEE YOUR PHYSICIAN IMMEDIATELY. THIS IS EXTREMELY URGENT WITH CARTILAGE PIERCING, AS VERY SERIOUS INFECTIONS AND/OR COMPLICATIONS CAN RESULT.

Visit www.invernesscorp.com for more information.

Turn over for
Healing Timeline

